

HERTS COUNTY RANKING LISTS - 2006 - OUTDOOR PERFORMANCES

SENIOR WOMEN

100m

12.2	H-J	Cone	TVH
12.5	E	Kemp	SNH
12.7	C	Andrews	HPX
12.9	L	Jones	HPX
13.0	L	Braithwaite	HPX
13.6	A	Gibson	BAR
13.8	S	Leigh	SNH
13.85	L	Hopkins	E&H
13.9	M	O'Brien	D&T
14.8	E	Gollard	BAR
14.9	E	Day	SNH
15.0	J	Dinsmore	BAR
15.6	K	Bradley	BAR
15.9	J	Simmons	HPX
16.3	A	Rochester	BAR
16.5	S	Bruno	BAR
16.5	D	Grist	BAR

200m

25.1	E	Kemp	SNH
25.7	L	Jones	HPX
26.3	H	Wills	HPX
28.0	M	O'Brien	D&T
28.11	E	Dundjerovic	HPX
28.5	L	Hopkins	E&H
29.0	A	Gibson	BAR
30.3	S	Kimberly	BAR
30.4	E	Gollard	BAR
30.9	E	Day	SNH
31.2	J	Dinsmore	BAR
35.6	D	Grist	BAR
38.9	P	Antoniou	BAR

400m

54.86	E	Kemp	SNH
55.48	L	Braithwaite	HPX
56.4	H	Wills	HPX
60.3	L	Gale	D&T
60.6	G	Hurt	D&T
62.5	E	Kavanagh	HPX
63.2	L	Hopkins	E&H
64.64	E	Dundjerovic	HPX
65.1	L	Abel	HPX
68.6	C	Perry	BAR
68.7	S	Kimberley	BAR
72.9	N	Wallis	BAR
81.1	L	Bruce-Burgess	BAR

800m

2:03.10	L	Braithwaite	HPX
2:07.97	H	Beard	SNH
2:13.0	E	Kemp	SNH
2:13.5	H	Wills	HPX
2:14.5	L	Bowles	E&H
2:15.8	N	Silva	HPX
2:21.35	K	March	BAR
2:25.37	S	McHugh	E&H
2:30.9	C	Perry	BAR
2:31.1	D	Wildman	E&H
2:31.24	L	Jones	HPX
2:36.72	Z	Wray	BAR
2:43.9	C	Daniels	BAR
2:50.8	N	Froud	BAR
3:07.0	C	Scott	BAR
3:43.7	M	Shirley	BAR
3:49.7	P	Lygo	BAR

1500m

4:22.80	H	Beard	SNH
4:28.42	L	Hall	HPX
4:28.51	L	Braithwaite	HPX

4:39.9	L	Bowles	E&H
4:46.4	K	March	BAR
4:50.5	N	Silva	HPX
5:00.9	S	McHugh	E&H
5:11.9	C	Dollman	D&T
5:12.4	H	Wills	HPX
5:14.2	J	Laws	BAR
5:23.0	S	Downes	SNH
5:30.7	Z	Wray	BAR
5:32.5	C	Perry	BAR
5:50.9	K	Faloon	BAR

3000m

9:30.51	L	Hall	HPX
10:09.1	K	March	BAR
10:29.95	L	Bowles	E&H
11:13.8	S	McHugh	E&H
11:27.2	N	Silva	HPX
11:29.0	J	Gandee	HPX
11:38.1	S	Downes	SNH
11:46.4	V	Samson	D&T
11:51.5	K	Murphy	BAR
11:58.5	P	Horton	BAR
12:02.2	C	Perry	BAR
12:07.4	Y	Jones	HPX
12:08.9	K	Bradley	BAR
12:13.9	L	Bruce-Burgess	BAR
13:07.1	S	Kimberley	BAR
14:03.2	G	Badrick	SNH

5000m

16:47.68	L	Hall	HPX
18:24.4	J	Laws	BAR
19:53.6	S	Downes	SNH
20:15.5	K	Murphy	BAR
20:53.2	Y	Jones	HPX
20:56.2	C	Dolman	D&T
24:57.6	T	Wright	BAR

100H

14.74	L	Jones	HPX
14.87	C	Andrews	HPX
17.4	H	McLellan	SNH
19.0	B	Harris	SNH
20.7	E	Day	SNH

400H

66.4	L	Gale	D&T
68.01	E	Silva	HPX
70.2	E	Kemp	SNH
70.9	N	Silva	HPX
84.3	L	Hutchinson	SNH
89.9	K	Henderson	BAR

1500S/C

5:17.0	L	Bowles	E&H
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2000S/C

6:56.78	L	Bowles	E&H
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3000S/C

9:48.51	L	Hall	HPX
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High Jump

1.55	E	Kavanagh	HPX
1.53	L	Jones	HPX
1.50	H	Wills	HPX
1.45	N	Brunning	D&T
1.45	L	White	BAR
1.35	J	Dinsmore	BAR

Pole Vault

3.00	N	Brunning	D&T
2.70	B	Harris	SNH
2.70	L	White	BAR
2.40	N	Andrews	SNH
1.40	J	Harris	SNH

1.15	C	Marsh	HPX
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Long Jump

5.93	H-J	Cone	TVH
5.65	L	Jones	HPX
5.13	N	Brunning	D&T
4.97	A	Gibson	BAR
4.88	C	Andrews	HPX
4.62	J	Dinsmore	BAR
4.57	O	Ross-Hurst	HPX
3.66	J	Forde	SNH
3.32	B	Newsterad	SNH
3.14	T	Scheuber	SNH
3.11	D	Copeman	BAR

Triple Jump

10.72	N	Brunning	D&T
10.32	H	McLellan	SNH
10.04	J	Dismore	BAR
9.54	E	Kemp	SNH
8.90	B	Harris	SNH
7.93	H	Wills	HPX
5.30	C	Scott	BAR

Shot

12.70	S	McLellan	SNH
11.75	C	Cottrill	D&T
9.93	L	Jones	HPX
9.89	L	White	BAR
9.74	H	McLellan	SNH
7.66	J	Dinsmore	BAR
7.08	D	Copeman	BAR
7.06	L	Bowles	E&H
6.98	C	Andrews	HPX
6.97	L	Shortland	SNH
5.31	H	Ewings	BAR
4.15	C	Scott	BAR

Discus

29.07	S	Mclellan	SNH
40.36	C	Cotterill	D&T
34.70	K	Brown	SNH
19.31	D	Copeman	BAR
18.59	J	Dinsmore	BAR
16.25	L	Jones	HPX
15.15	H	Ewings	BAR
14.85	N	Wallis	BAR
13.45	K	Staff	BAR

Hammer

41.25	C	Cotterill	D&T
27.19	J	Harris	SNH
20.65	J	Pybus	SNH
19.07	D	Copeman	BAR
18.03	K	Brown	HPX
16.11	K	Staff	BAR
15.13	N	Silva	HPX
13.30	C	Scott	BAR

Javelin

35.01	H	Mclellan	SNH
32.88	L	Jones	HPX
32.38	J	Seymour	E&H
32.38	J	Seymour	E&H
27.79	J	Dinsmore	BAR
26.65	C	Cotterill	D&T
24.82	L	White	BAR
22.74	E	Kavanagh	HPX
20.37	S	Mclellan	SNH
16.54	P	Antoniou	BAR